

SmartHealth[®]

Ascension SmartHealth Member Newsletter, Nov. 2022

This newsletter shares important updates, reminders and resources related to the Ascension SmartHealth medical plan

Don't miss out on these new SmartHealth app features

Download the SmartHealth app today to stay on top of your medical benefits. You can use the app to find a doctor, view your deductible amounts, claims and more, plus these new features:

- **Easier to read digital ID cards** - You can now zoom in on your digital ID cards, making the details much easier to read for you and your provider.
- **New claims push notifications** - Choose to receive a push notification when a new claim is available.
- **Updated performance** - Application is faster than ever.
- **Ascension Rx onboarding assistance** - Open your account with Ascension Rx to take advantage of home delivery of your specialty and maintenance medications..



Ensure that you are up to date on your health screenings

Stay up to date on all of your preventive health screenings, and with cold and flu season here, don't forget to get your [flu shot](#). Depending on your age and family history, your doctor may recommend screenings and tests for symptoms or conditions such as:

- Heart disease.
- Colon cancer.
- Lung cancer.
- Breast cancer.
- Prostate cancer.
- Skin cancer.

Don't hesitate to schedule an appointment with your Ascension Network (Tier 1) primary care provider to talk about which tests might be right for you. To find a doctor, visit mysmarthealth.org.

Upcoming changes to COVID-19 coverage

Inpatient treatment will be covered at 100% (any tier level), without deductibles, coinsurance or copays, through **December 31, 2022**. Standard cost sharing will apply thereafter. Mandated coverage will continue until the public health emergency is lifted.

[Learn more.](#)

Beginning January 1, 2023, SmartHealth is changing the Tier 2 Network to the Blue Cross Blue Shield - Illinois (BCBS-IL) Select Network - ILARL only

In support of initiatives to ensure SmartHealth remains affordable for our members, the BCBS-IL Select Network will replace the current BCBS National Network. As a result, the following providers and facilities will no longer be in network, beginning January 1, 2023:

Facilities:

- Northshore University
- Universal Health Services (partial)
- University of Chicago
- US Healthvest (partial)
- Hospital Sisters Health System
- OSF HealthCare (partial)

Providers:

- North Shore University medical group
- North Shore University - Evanston medical group
- North Shore University - Highland Park medical group
- North Shore University - Skokie medical group
- North Shore University - Glenbrook medical group
- University Of Chicago Medicine medical group
- University Of Chicago Medical Center medical group; Ingalls Memorial

Note: These providers will continue to be available, with claims paid subject to out-of-network deductibles, coinsurance and out-of-pocket limits. Please refer to mysmarthealth.org for detailed information.

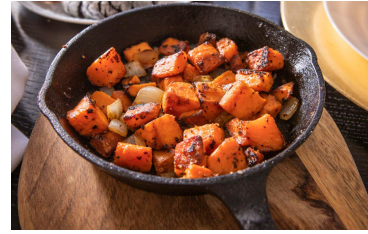
American Diabetes Month: What you need to know

November is American Diabetes Month which provides an opportunity for individuals and communities to come together to learn more about the disease and ways to support loved ones and friends living with diabetes.

[Learn more.](#)

Healthy recipe: Roasted sweet potatoes

[Go to recipe.](#)



To stay up to date on SmartHealth benefits, visit mysmarthealth.org.