

SmartHealth[®]

Ascension SmartHealth Member Newsletter, Feb. 2023

Get the latest updates, reminders and resources about all the valuable benefits SmartHealth has to offer.

In case you missed it: Download the new member guide

SmartHealth is here to connect you to doctors and care teams who listen and provide the care that's right for you and your covered dependents. **Learn more with the new member guide**, which has information on:

- Making the most of your coverage by staying in-network.
- How to manage your costs and coverage with the SmartHealth app.
- Your insurance cards and when you need them.
- Your pharmacy benefit.
- Care management, spiritual care, etc.

[Download now](#)

Ascension Network lab services update

Effective 1/1/23, SmartHealth has new laboratory billing procedures that may impact the way your laboratory claims are processed. It is important for your provider to bill your lab services according to the new guidelines to avoid any claims payment issues.

[Learn more](#)

Ascension Online Care will no longer be available after 3/31/23

More information will soon be shared on the new in-network online care provider.

SmartHealth Center of Excellence Travel Benefit program for substance use disorder and addiction treatment

This program offers help to SmartHealth members struggling with substance use disorder and addiction. The treatment facilities are located at Ascension Brighton Center for Recovery in Brighton, Michigan and the



Ascension Illinois Foglia Family Foundation Residential Treatment Center outside of Chicago. Ascension offers an enhanced benefit program that provides:

- Assistance with travel arrangements.
- Coverage of travel and lodging to the facility for you and your travel companion.
- Reduced out-of-pocket costs for those on the PPO plan.

[Learn more about the COE](#), call 810-882-5514 or see the latest [Ascension flier](#) on substance awareness, abuse and reporting.

Healthy recipe: Overnight oats

Easy to prepare, this recipe makes a delectable, healthy breakfast or snack.

[Go to recipe](#)



To stay up to date on SmartHealth benefits, visit mysmarthealth.org.