

Your partner in pregnancy support



Did you know that your SmartHealth benefits include High-Risk Maternity support from a Care Manager?

If you are at greater risk for pregnancy complications or if you are already experiencing a problem during your pregnancy, our SmartHealth Care Management team is here to help you. Our team of Registered Nurses and Behavioral Health Specialists will work with you and your doctor to develop a plan of care, as well as provide you with education, resources, and support during your pregnancy.

Our goal is to support you in having a healthy, successful pregnancy.

At greater risk pregnancies may include ages 35 or older, high blood pressure, diabetes, depression, multiple pregnancy, or other health concerns you may be facing.

Get help with your maternity benefits today!

Our SmartHealth Care Management team is available to support you from 8 a.m. to 5 p.m. CT, Monday through Friday.

Email acmmembers@ascension.org or call **855-288-6747**

Or request a nurse care manager:

- Fill out [Care Manager Request Form](#); OR
- Scan the **QR code** with your phone

