

# myAscension benefits

Health, Financial, Career, Life and Family

## Employee Assistance Program

### Caring for yourself and your family

Our Employee Assistance Program, offers a wealth of information, support, and resources, whether you need help managing stress or managing relationships, getting back on track or getting out of debt.

**Services are confidential and available at no cost to you.** EAP services can meet the needs of you and your family members for short-term counseling through in-person EAP sessions and toll-free telephone access to clinicians. Caring and empathetic counselors conduct assessments, provide referrals, identify and order resources, develop action plans, and follow up through case resolution. **Please read the following for contact information for the EAP at your ministry.**

Ministries	EAP	Contact Information
Ascension Alabama	LifeWorks	888-267-8126 TTY/TDD 800-346-9188 En espanol, llame at 888-732-9020  <a href="http://www.lifeworks.com">www.lifeworks.com</a> Username and password: ascension
Ascension Florida		
Ascension Michigan		
Ascension Ministry Service Center		
Ascension Kansas		
Ascension System Office and Solutions		
Ascension Technology		
Ascension Tennessee		
Ascension Texas		
St. Vincent's Health Services (Bridgeport, CT)		
Ascension Tulsa - St. John Health System	CommunityCare EAP	918-594-5232 or 1-800-221-3976
St. Mary's Healthcare (Amsterdam, NY)	St. Mary's EAP	800-477-4143 or 518-843-0503
Our Lady of Lourdes (Binghamton, NY)	Lourdes EAP	607-729-9169
Ascension Wisconsin	Ascension EAP	800-540-3758
Ascension Living – Our Lady of Peace	Northpointe EAP & LifeWorks	716-284-2255; see above for LifeWorks
Ascension Living – all other facilities	LifeWorks	See above for LifeWorks
Ascension Indiana <ul style="list-style-type: none"> <li>• St. Vincent Frankfort</li> <li>• St. Vincent Jennings</li> <li>• St. Vincent Salem</li> <li>• St. Vincent Williamsport</li> <li>• St. Vincent Clay</li> <li>• St. Vincent Randolph</li> <li>• St. Vincent Dunn</li> <li>• St. Vincent Evansville</li> <li>• St. Vincent Warrick</li> <li>• SVMG TCG</li> </ul> Please see below for additional Ascension Indiana facilities EAP.	LifeWorks	888-267-8126 TTY/TDD 800-346-9188 En espanol, llame at 888-732-9020  <a href="http://www.lifeworks.com">www.lifeworks.com</a> Username and password: ascension

Ascension Indiana - All other St. Vincent facilities not listed above.	St. Vincent EAP	(317) 338-4900 or (800) 544-9412
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